

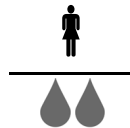
# Preface

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We all love blood banking, and one of the most rewarding parts of blood banking is teaching the concepts and procedures to new and growing laboratory scientists, pathology residents, fellows, and many more. One of the challenges to this is to ensure you have samples to demonstrate what you are teaching. We hope this cookbook of blood bank sample recipes will help you plan so that you can entertain your guests for years to come.

In this cookbook, you will notice a small icon next to the title of each recipe:



The figures at the top of the icon indicate the approximate number of servings for that recipe. In recipes where there is some flexibility, a range of 1-4 figures appears instead. The blood drops at the bottom of the icon represent the difficulty level for preparing the recipe. Difficulty ranges from one blood drop (easiest) to five blood drops (hardest).

Blood banking education can also be fun, so we have taken some liberties in this cookbook. For example, "Taste Test" Results is a metaphor and not an instruction to ingest. We hope readers have as much fun flipping through these pages as we did in preparing this cookbook. There is so much to share, so dig in and enjoy!



